

VEGAN MENU

STREET FOOD GRAZING OR STARTERS

VEG WARM

6.95 Vada pav Indian veg burger Mysore Bonda 6.50 Crunchy lentil fritters with chutney **Home Made Samosa** 6.50 Authentic Punjabi style served with tamarindand mint chutnev Gobi Manchurian 7.25 Cauliflower wok fried the Indo-Chinese way **ITR Sweetcorn Fry** 6.75 Wok tossed sweetcorn with spices, Indian's answer to Corn on the cob **VEG COOL Time Pass Fryums** 4.50

Crispy crackers served with mint and tamarind chutney

5.25 Crushed crispy pastry, seasoned potatoes and puffed ricecoated in a date chutney

Paani Puri 5.25 Puffed hollow pastry rounds filled with seasoned potatoes and chilled mint flavoured water - pop them whole in themouth for a flavour

Sev Puri 5.25

Pastry rounds topped with chopped onions, garnishedwith tamarind chutney and pastry vermicelli

GRILLED KEBAB

Vegetables marinated with special spices andcooked in the charcoal tandoor.

8.25 Honey Glazed Pineapple Tikka

TIFFIN MEETS ITR

South Indian Tiffin dishes are the cornerstone of our menu. These dishes are traditionally eaten for breakfast, lunch or dinner in India even to this day. They are served in Indian streets, restaurantsand at homes.

Idly Rice and lentil steamed dumplinas	6.75
Medu Vada Fried lentil flour douahnut	6.75
Idly Vada Combination of dumplings and doughnut	8.95
Plain Dosa Thin rice and lentil crepe	8.00
Masala Dosa Thin rice and lentil crepe with potato masala filling	9.00
ITR Mysore Masala Dosa Thin rice and lentil crepe with ITR chutney andpotato masala filling	9.75
Madurai Dosa Thin rice and lentil crepe with spicy red chillichutney and potato masala filling	9.75
Rava Masala Dosa Thin and crispy semolina crepe with potatomasala filling	10.00
Onion Rava Dosa Thin and crispy semolina crepe, sprinkled with onion, mildly spiced and garnished	10.00
Uttapam	9.75

All our dishes may contain traces of nuts, dairy and gluten. Please ask a member of our ITR team for any allergen and special dietary requirements.

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Thick rice and lentil pancake

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VEGAN MENU

AWESOME TWOSOME ITR MAINS

Burmese Bamboo & Chestnut Iviasaia/ Union &	11.50
Coriander Naan	
Bamboo & chestnut cooked with spicy tomato based gravy,	
Served with onion & coriander naan.	
Channa Batura	13.50

Authentic puffed bread served with chickpea masala

ITR MAINS

Dal Makhani Black Lentils and Red Kidney Beans cooked with ITR spices	11.95
Aloo Palak Spingch cooked with potatoes	12.50
Vegetable Biryani	14.00
Vegetables cooked with spiced aromatic rice servedwith	

lentil stew

INDO-CHINESE

Indian take on Chinese food!!

The term 'Indo-Chinese' was coined from the smallChinese community that lived in Kolkata for overa century. It is an adaptation of Chinese seasoningand cooking according to Indian tastes.

	VEG
Fried Rice	9.50
Haka Noodles	9.50
Schezwan Rice	10.00
Schezwan Noodles	10.00

SIDES

Tadka Dal	6.00
Diced Kachumber salad	5.00
Sliced Onions	2.50

Dal and Bread can be prepared with out dairy, please ask our Team.

RICE & BREAD

Rice	3.75
Jeera Pulao	4.25
Lemon Rice	4.50
Roti	3.25
Naan	3.50
Garlic Naan	3.75
Puri	3.00
	3.25
Batura	

Bread can be prepared with out dairy, please ask our Team.

DESSERT

Kesari Bath	4.95
Semilona cooked with safforon and topped with dried nuts	

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